



GRACIE BARRA

Class Shedule

Time / Day	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	<u>Gracie Barra</u>	<u>Gracie Barra</u>	<u>Gracie Barra</u>	<u>Gracie Barra</u>	<u>Gracie Barra</u>	<u>Gracie Barra</u>	<u>Gracie Barra</u>
09:00							
10:00						Open Mat	
11:00							
12:00							
13:00							
14:00							
15:00							
16:30 - 17:15	GB1 Little Champions	GB1 Little Champions		GB1 Little Champions			
17:30 - 18:15	GB1 Juniors	GB2 Juniors	No GI Juniors	GB1 Juniors			
18:30 - 19:30	GB1 Adults	GB2 Adults	No GI Adults	GB1 Adults			
19:30 - 20:00		GB2 Sparring	No GI Sparring				
20:00							

Class Ages

Little Ninja (5 - 8) | Junior (9+) | Adults (18+)